

MEDIA RELEASE

[Location name] community walking for a world without type 1 diabetes

The event supports Breakthrough T1D's flagship fundraiser, One Walk, which raises funds for vital type 1 diabetes (T1D) research

[Date of release, location of release] – Community members from across **[location name]** are coming together this **[day/week/month]** to fundraise for Breakthrough T1D (formerly JDRF), a leading supporter of T1D research globally.

The initiative is part of Breakthrough T1D's annual One Walk, the world's largest walk towards a world without T1D.

Each year, the campaign brings around one million people together worldwide who unite in the fight against T1D, a lifelong autoimmune condition impacting over **140,000** Australians.

Participants fundraise for their 'special some1', a loved one affected by T1D, and then come together to celebrate their efforts at in-person Walk events around Australia.

On **[date]**, One Walk supporters from **[location name]** will gather at **[venue/place of Walk]** for a day of family fun, fundraising, walking, and connecting with community members who live with T1D.

You can add in some details here on the specifics of the day and how many people are attending if you would like.

One Walk **[location name]** is just one of more than 40 free events hosted across the country throughout March, from city centres to regional hubs, all in support of life-changing research aiming to turn type 1 into type none.

Funds raised at the event will go towards the national One Walk target of \$1.1 million.

Tamara Aitchison, National Manager Community Fundraising at Breakthrough T1D Australia, says:

"Type 1 diabetes doesn't stop for anything or anyone, it is 24/7. Breakthrough T1D want to change that. We are committed to creating a world without this condition through funding the best and brightest researchers working to accelerate life-changing breakthroughs to improve lives and ultimately cure T1D.

"One Walk has been helping make these breakthroughs possible for many years now, with our amazing community raising funds for the most promising research.

"The day is also a wonderful opportunity for the community to come together, connect, feel supported and importantly, have fun."

This year's One Walk could help support research ranging from the early detection of T1D to finding ways to help the body produce its own insulin once more.

Visit walk.BreakthroughT1D.org.au to sign up and find a One Walk event near you.

-ENDS-

About type 1 diabetes

T1D is an autoimmune condition that can be diagnosed at any age and cannot be managed with diet or lifestyle changes. It occurs when the body mistakenly attacks cells in the pancreas needed to produce insulin.

The condition requires meticulous management day and night through blood glucose (sugar) monitoring and a constant supply of insulin by injection or pump. There are currently 140,000+ Australians living with T1D and a further eight diagnosed each day.

About Breakthrough T1D Australia

Breakthrough T1D is the leading global organisation funding type 1 diabetes (T1D) research. Our staff and volunteers in seven countries, including Australia, are dedicated to advocacy, community engagement and our vision of a world without T1D.

Our mission is to accelerate life-changing breakthroughs to cure, prevent and treat T1D and its complications. To accomplish this, Breakthrough T1D Australia has invested over \$260 million into research since our inception.

We collaborate with academic institutions, policymakers, and corporate and industry partners to develop and deliver a pipeline of innovative therapies to people living with T1D.

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