



Email to ask people to join your One Walk team

Below is a suggested email for you to use when asking friends, family, or colleagues to join your team! Feel free to tweak it to suit your needs.

Hey [Name],

I wanted to reach out and invite you to join me in supporting a cause that's really close to my heart.

I've created a fundraiser as part of **Breakthrough T1D's One Walk** – the world's largest event raising funds for type 1 diabetes (T1D) research.

T1D is a lifelong condition that affects more than 140,000 Australians, including [me / my child / my friend / my relative]. It's something that has to be managed 24/7, with no break or pause button.

Breakthrough T1D is the leading organisation driving research, advocacy, and community support for people living with T1D. This year, they're aiming to raise **\$1.1 million** to help create a world without type 1 diabetes – and every dollar raised brings us closer.

I'll be fundraising by [insert your fundraising idea here], and I'd love your support! Whether you'd like to help me reach my goal, or even join my team and fundraise alongside me, it would mean so much.

You can register for **One Walk [location]** here:
walk.breakthrough1d.org.au

When registering, just search for my team name - [insert team name here] - to join.

Thanks so much for your support 💙

[Your name]

